

**North Falmouth Congregational Church, UCC
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The Rev. Christina Williams, Pastor (508) 563-2177, www.northfalmouthucc.com





The Sandpiper



North Falmouth Congregational Church,
United Church of Christ

June & July 2023

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EMERGENCY PASTORAL COVERAGE

Pastor Christina will be on vacation Thursday, June 8th – Wednesday June 14th. If you have a pastoral care emergency, please email or call Deb Pinkney at officenfcc@gmail.com or 508-563-2177.

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." – Matthew 11:28-30

Dear Friends,

It is hard not to smile and be joyful when spring comes to Cape Cod. Our eyes feast on the many colors of the season, the sun warms our faces, and the birds twitter away happily.

I was reminded last night, when talking to a dear friend, that sometimes God's glorious creation barely penetrates the dis-ease of depression. As I

listened to my friend share the agony of her life right now, she was doubly saddened that none of her friends had checked in to see how she was doing after telling them she was in crisis. It made her feel even more abandoned, unmoored, and unloved.

When a dear one is deeply depressed it can be hard to figure out how to be a good friend. We want to help, we want them to get better, we want to fix things, but we don't know how. We may show up with lots of advice in hand as to how they can get better. And if they don't listen to our "sage" advice, we give up. It might feel awkward to be around them because we are at a loss for words, and we don't know what to do. Or we may judge them and believe they should pull themselves up by their bootstraps and snap out of it.

Talking about depression and how we can help is a much longer conversation than there is space for here. Depression is a complex disease, but the best thing for those of us who are novices at being with someone struggling with depression is to just show up to let them know you care. Sometimes the greatest gift you can give is lending your ear so that they feel heard, loved, and known. It is no small thing to sit and listen. It does more than we can ever know. And after you've listened for a while, ask them what you can do that would be most helpful for them at this time, and then keep your promise.

It is through you that Jesus shows up to share the yoke with those who struggle. In putting on the yoke and sharing it, you just might lighten the many burdens the other person is carrying. You just might

help them find rest by being Christ's loving presence for them. We may be imperfect, we may not get things perfectly right, but truly, we are Christ's hands, feet, and heart in the world. Thanks be to God that we are—because it means that each one of us can bring God's healing, hope, and peace to those who are hurting. Amen to that!

In faith,



Pastor Christina

UPCOMING WORSHIP – JUNE

June 4 | 10 a.m. | Confirmation & Communion Sunday

This Sunday is a special day in the lives of our confirmands Theo Allenby, Nolan Clements, and George Nouaime. They have worked hard these past number of months exploring our Christian faith, God, Jesus, and the Holy Spirit, Christian values, and they have been really digging into what they believe at this point on their faith journey. They will be leading us in worship, and they will be sharing their statements of faith. We will also welcome them as new members of our church. Afterwards, there will be a reception to celebrate and honor their accomplishments.

June 11 | 10 a.m. | Lisa Allen leading worship

While Pastor Christina is away, Lisa Allen will be filling the pulpit.

June 18 | 10 a.m. | Father's Day | Peter Allenby leading worship

While Pastor Christina is away, Peter Allenby will be filling the pulpit.

June 25 | 10 a.m. | Music Appreciation & New Member Sunday

One of the ways we worship God is through music. And what a sacred gift music is! Music reaches into the deepest part of our being moving our hearts and spirits. This Sunday, we celebrate the joy of music and music making. Come, grab an instrument, and join the fun! **Scripture:** Psalm 98

June Birthdays



- | | |
|-------|-------------------|
| 06/02 | Don Peters |
| 06/05 | Megan Modic |
| 06/06 | Noah Peters |
| 06/11 | Jack Murphy |
| 06/17 | Todd Oliveira |
| 06/18 | Michael Fraser |
| 06/18 | Marcia McLaughlin |
| 06/22 | George Nouaime |
| 06/23 | Tom Murphy |
| 06/26 | Sarah Deveau |
| 06/26 | Barbara Rountree |
| 06/26 | Linda Thomas |
| 06/28 | Rachel Rowitz |



Happy Birthday

Congratulations to our new Confirmands!

July Birthdays



- 07/02 Keira Murphy**
- 07/05 Saramaria Allenby**
- 07/05 Dick Meyer**
- 07/06 Bill Fenstermaker**
- 07/08 Sally Eldridge**
- 07/08 Lukas Sievert**
- 07/09 Kay Johnson**
- 07/09 Harry Thomas**
- 07/11 Samuel Barrett**
- 07/14 Babette Bach**
- 07/14 Mike Ryan**
- 07/15 Austin Gray**
- 07/16 Sandra Checklick**
- 07/18 Max Rafferty**
- 07/20 Anna Dunphy**
- 07/24 Brita Dupuis**
- 07/24 Jenna Leigh Wright**
- 07/25 Theo Allenby**



Pastor Christina with our newest members Theo Allenby, Nolan Clements & George Nouaime



Parents and mentors were so proud & supportive



Happy Birthday



Celebration time!

May 14th Mother's Day



"Give a Little Love Away"



Pentecost Sunday, May 28th



A beautiful day for the first outdoor service of the season as we hung our prayers for the church and the world



Save the Dates!
Fridays, June 16th
& 30th, 4-6 pm
Lobster Roll Supper



From the Music Director

The hand chime ensemble has three eager members. We need more participants and I welcome you to join.

Please email me at smilespianoforte@gmail.com or talk to me about your questions and interest after or before church services.

My plan would be to meet once a week. I welcome those with no, little, or much musical knowledge. We can do this.

Peace, Stephanie

Thrift Shop News

This Year, the Thrift Shop is celebrating its 60th anniversary. Throughout the years, hardworking volunteers have been providing a valuable service for our community and our church.

Every year we have two meetings with all the volunteers. At our April meeting, we acknowledged this sixty year milestone with a decorated cake and ice cream. We plan to continue this celebration throughout the year.



Joyce Kenneally and Joyce Bock are work their way through the church archives in search of historical material about the Thrift Shop. There is much to discover about the What-So-Ever Club, who started the shop in the church basement and ran it for twenty-two years. Although some interesting photos have been found, they are especially interested in finding a picture of the thrift shop before before the front porch was enclosed. They would encourage anyone who might know of such a photo to contact them.

We hope to present the compiled information at another celebration during our fall meeting. Our goal is to have all the volunteers attend. We want to take pictures and share our history with them.

All of this information will be shared with the church, the shoppers and the community.

What a wonderful way to continue the legacy of the North Falmouth Congregational Church thrift Shop and its dedicated volunteers!

Sue Long

Jewelry from Start to Finish

Many of you have no idea how much work is involved when a piece of jewelry is donated to our church or given to me, Laura Murphy.

In years past, there was an old jewelry box on the counter outside of the office, and people from the congregation would donate jewelry for our annual Christmas Fair. I started working with my mom, Ruth Willman, along with a few others in 1997. Back in 1997, when we had our fair, there were only two or three small tables in the hall. We only collected jewelry in the fall. My mom, Ruth passed away in 2000. I volunteered to continue working on jewelry in her memory. Many people help over the years, and without volunteers it would have been impossible to be so successful! Then I started receiving any jewelry donated to the Thrift Shop. Once jewelry donations came in, they were sorted. In one bag of jewelry, there was broken jewelry, only one earring, valuable sterling or gold, plastic jewels, and real costume jewelry. It takes hours to sort. The jewelry would be sorted into boxes, earrings, necklaces, pins, bracelets, rings, misc. and a box of "Save for Sue". Sue and Kate from the Stone Store would appraise the better jewelry, write down what type of stone, and verify gold or silver items. They even cleaned and polished many items. If there was an item that needed to be fixed, or more information was needed, Andrew at Elfstone in Mashpee Commons was there to help. Both businesses volunteered their time and knowledge as a gift to our church. Many hours were spent. Then each piece needed a string tag attached for pricing, earrings and pins were put on individual cards for display, again very time consuming. It has been a true labor of love, which in the end brought in great totals for the church.

I have been working with jewelry for 26 years. It is time to pass on the responsibility of jewelry to another passionate person. We are looking for some people from the congregation to devote time sorting, pricing, and appraising our donations. You do not have to work at the Thrift Shop, but be able to spend time with others to organize the jewelry. We have one person from the Thrift Shop

From the Treasurer

interested, but a committee is needed to make this job run smoothly. It can be a very social and fun job, while providing help to the church. Some of the work can be done at home when you have some leisure time. I have told Sue, Kate and Andrew, the amazing people who have helped appraise, that I am stepping down. They supported my decision, and they have decided to step down as well after all these years. Please support both of these businesses. Stone Store on 28A in West Falmouth, and Elfstone in Mashpee Commons. I would never have been able to make so much money without their help. Please tell them Laura sent you, and thank them for their years of volunteering.

Change is good, and I know there are people in the congregation who will enjoy this job. Many hands make light work, and it really does help the church financially! I have enjoyed all these years, and I will be there to answer any questions and support our new volunteers.

Thank you so much to ALL the volunteers who have helped over the 26 years I was involved. I could not have done this without you. There are too many people to list, but you know who you are! This has been a team effort, and I hope you had as much fun as I have had over the years.

♥ Again, thanks Laura

P.S. Please contact Sue Long at the Thrift Shop if you are interested.

Through April we were running ahead of budget on net income primarily due to Member Contributions for which the Board of Finance is very grateful. Expenses are slightly more than budgeted due primarily to early payment of our building insurance premium. The increase in utilities expense has not been quite as severe as we originally feared.

Outreach Thanks to NFCC



BELONGING TO EACH OTHER
helping Falmouth men and women experiencing homelessness

May 23, 2023

North Falmouth Congregational Church
PO Box 403
North Falmouth, MA 02556-0403

Dear Congregant,

Affordable housing, healthcare, and a steady job create the safety net that supports each of us. But lose one of those lines, and the fraying begins. Rent is late, car payments are overdue, and medical care becomes unaffordable. And homelessness, something you never imagined possible, stares you in the face, as it did for David at the beginning of this past winter.

"Suddenly, I lose all my financial reserves and support, I get sick, I have a car accident and go to the hospital. For many, this would be the end of the line, but help came through BTEO. They welcomed me, supported me to start over, investing time, dedication, friendship, and compassion. My gratitude for everything BTEO has done for me is eternal."

Thanks to your gift, people like David have a chance to turn their lives around. Since 2015, Belonging to Each Other, Inc. (BTEO) has made incredible strides in helping our unhoused neighbors in Falmouth. We are overwhelmed with gratitude for your generosity and support as together we make a difference in our community.

During the past season, with your help, BTEO volunteers provided 2,292 meals to 50 individuals as part of our In From The Streets collaboration with Duffy Health Center. **Please make a gift TODAY, allowing us to continue our essential work.**

None of us has a crystal ball, but it is likely that affordable housing will continue to be a Cape-wide concern. This makes your gift even more important than ever as we provide exceptional care to our neighbors, invest in our staff, and continue to function as the safety net for the most vulnerable individuals in our community.

We have great news to share! The George and Marie Chabot Charitable Foundation will once again match funds of up to \$25,000, dollar for dollar, from now until the end of June 2023! That DOUBLES the gift you make today!

Because of your generosity, Falmouth homeless men and women are protected and safe during the harsh winter months. Our case management staff work with our guests year-round, providing an opportunity for them to regain their footing, dignity, and a path to safe and stable housing. Your gift today will help change their stories and help save lives.

With deep gratitude and thanks,

Gina Torielli
Gina Torielli
BTEO, Executive Director

Lynn O'Neill
Lynn O'Neill
BTEO, President

PS: Don't miss out on the matching gift! Donate today and double your impact!

Executive Director
Gina Torielli

Board of Directors
Lynn O'Neill
President
Rev. Christina Williams
Vice President
Dan Pessochini
Treasurer
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Commerce
Matt Rocheleau
Owner
The Glass Man Inc.
David Vieira
State Representative
Falmouth Town Meeting
Moderator
Allan Wilson
Wilson Consulting
Jay Zavala

From the Altar Committee

Calling all gardeners to consider supplying bouquets of their garden flowers to grace the outdoor altar table this summer.



Please contact Marsha Martin (willmart41@comcast.net) to sign up for a date when God's beauty in your garden is ready to share.

A Memorial Service
Celebrating the life of
Myrt Chatfield will be
held Saturday, June 24th
at 10 a.m.

Following the service
please join her family
in the Covenant
Room for refreshments.



June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 am – 12:30 pm Elder Services 9-12 Noon Thrift Shop open	2 → 9-12 Noon Thrift Shop open	3 9-12 Noon Thrift Shop open
4 10 a.m. Online Worship, Communion & Confirmation via Facebook & Zoom https://www.facebook.com/pg/nfccucc/posts/?ref=page_internal	5 8:30 am – 12:30 pm Elder Services	6	7 9:30 am Theology Wednesdays 5:30 pm Deacons	8 6 pm Finance	9	
11 10 a.m. Online Worship via Facebook & Zoom https://www.facebook.com/pg/nfccucc/posts/?ref=page_internal	12 8:30 am – 12:30 pm Elder Services	13	14	15	16 Lobster Rolls 4-6 pm 	
18 10 a.m. Online Worship via Facebook & Zoom https://www.facebook.com/pg/nfccucc/posts/?ref=page_internal	19 8:30 am – 12:30 pm Elder Services	20 6:30 pm Council	21 9:30 am Theology Wednesdays	22	23	24 10 a.m. Myrt Chatfield Memorial Service
25 New Member Sunday 10 a.m. Online Worship via Facebook & Zoom https://www.facebook.com/pg/nfccucc/posts/?ref=page_internal	26 8:30 am – 12:30 pm Elder Services	27	28 9:30 am Theology Wednesdays	29	30 Lobster Rolls 4-6pm 	



Southern New England Conference

United Church of Christ

Living the Love & Justice of Jesus

Daily Lectionary Scripture References – June 2023 (Year A)

Thurs., June 1

Psalm 8
Job 38:1-11
2 Timothy 1:8-12a

Fri., June 2

Psalm 8
Job 38:12-21
2 Timothy 1:12b-14

Sat., June 3

Psalm 8
Job 38:22-38
John 14:15-17

Sun., June 4

Trinity Sunday
Genesis 1:1–2:4a
Psalm 8
2 Corinthians 13:11-13
Matthew 28:16-20

Mon., June 5

Psalm 29
Job 38:39–39:12
1 Corinthians 12:1-3

Tues., June 6

Psalm 29
Job 39:13-25
1 Corinthians 12:4-13

Wed., June 7

Psalm 29
Job 39:26–40:5
John 14:25-26

Thurs., June 8

Psalm 33:1-12
Genesis 13:1-18
2 Peter 2:17-22

Fri., June 9

Psalm 33:1-12
Genesis 14:17-24
Acts 28:1-10

Sat., June 10

Psalm 33:1-12
Genesis 15:1-20
Matthew 9:27-34

Sun., June 11

Second Sunday after Pentecost
Genesis 12:1-9
Psalm 33:1-12
Romans 4:13-25
Matthew 9:9-13, 18-26

Mon., June 12

Psalm 119:41-48
Genesis 16:1-15
2 Corinthians 6:14–7:2

Tues., June 13

Psalm 119:41-48
Genesis 17:1-27
Hebrews 13:1-16

Wed., June 14

Psalm 119:41-48
Genesis 18:16-33
Matthew 12:1-8

Thurs., June 15

Psalm 116:1-2, 12-19
Genesis 21:1-7
Hebrews 3:1-6

Fri., June 16

Psalm 116:1-2, 12-19
Genesis 24:1-9
Acts 7:35-43

Sat., June 17

Psalm 116:1-2, 12-19
Genesis 24:10-52
Mark 7:1-13

Sun., June 18

Third Sunday after Pentecost
Genesis 18:1-15 [21:1-7]
Psalm 116:1-2, 12-19
Romans 5:1-8
Matthew 9:35–10:8 [9-23]

Mon., June 19

Psalm 126
Genesis 23:1-19
1 Thessalonians 3:1-5

Tues., June 20

Psalm 126
Genesis 25:7-11
2 Thessalonians 2:13–3:5

Wed., June 21

Psalm 126
Nehemiah 9:1-8
Luke 6:12-19

Thurs., June 22

Psalm 86:1-10
Exodus 12:43-49
Hebrews 2:5-9

Fri., June 23

Psalm 86:1-10
Genesis 35:1-4
Acts 5:17-26

Sat., June 24

Psalm 86:1-10
Ezekiel 29:3-7
Luke 11:53–12:3

Sun., June 25

Fourth Sunday after Pentecost
Genesis 21:8-21
Psalm 86:1-10, 16-17
Romans 6:1b-11
Matthew 10:24-39

Mon., June 26

Psalm 86:11-17
Genesis 16:1-15
Revelation 2:1-7

Tues., June 27

Psalm 86:11-17
Genesis 25:12-18
Revelation 2:8-11

Wed., June 28

Psalm 86:11-17
Jeremiah 42:18-22
Matthew 10:5-23

Thurs., June 29

Psalm 13
Micah 7:18-20
Galatians 5:2-6

Fri., June 30

Psalm 13
2 Chronicles 20:5-12
Galatians 5:7-12



Southern New England Conference

United Church of Christ

Living the Love & Justice of Jesus

Daily Lectionary Scripture References – July 2023 (Year A)

Sat., July 1

Psalm 13
Genesis 26:23-25
Luke 17:1-4

Sun., July 2

Fifth Sunday after Pentecost
Genesis 22:1-14
Psalm 13
Romans 6:12-23
Matthew 10:40-42

Mon., July 3

Psalm 47
Genesis 22:15-18
1 Thessalonians 4:9-12

Tues., July 4

Psalm 47
1 Kings 18:36-39
1 John 4:1-6

Wed., July 5

Psalm 47
Isaiah 51:1-3
Matthew 11:20-24

Thurs., July 6

Psalm 45:10-17
Genesis 25:19-27
Romans 7:1-6

Fri., July 7

Psalm 45:10-17
Genesis 27:1-17
Romans 7:7-20

Sat., July 8

Psalm 45:10-17
Genesis 27:18-29
Luke 10:21-24

Sun., July 9

Sixth Sunday after Pentecost
Genesis 24:34-38, 42-49,
58-67
Psalm 45:10-17 or Song of
Solomon 2:8-13
Romans 7:15-25a
Matthew 11:16-19, 25-30

Mon., July 10

Song of Solomon 2:8-13
Genesis 27:30-46
Romans 1:18-25

Tues., July 11

Song of Solomon 2:8-13
Genesis 29:1-14
Romans 3:1-8

Wed., July 12

Song of Solomon 2:8-13
Genesis 29:31-35
John 13:1-17

Thurs., July 13

Psalm 119:105-112
Exodus 3:1-6
Romans 2:12-16

Fri., July 14

Psalm 119:105-112
Deuteronomy 32:1-10
Romans 15:14-21

Sat., July 15

Psalm 119:105-112
Isaiah 2:1-4
John 12:44-50

Sun., July 16

*Seventh Sunday after
Pentecost*
Genesis 25:19-34
Psalm 119:105-112
Romans 8:1-11
Matthew 13:1-9, 18-23

Mon., July 17

Psalm 142
Micah 1:1-5
1 Thessalonians 4:1-8

Tues., July 18

Psalm 142
Jeremiah 49:7-11
Ephesians 4:17–5:2

Wed., July 19

Psalm 142
Obadiah 15-21
Matthew 13:10-17

Thurs., July 20

Psalm 139:1-12, 23-24
Isaiah 44:1-5
Hebrews 2:1-9

Fri., July 21

Psalm 139:1-12, 23-24
Ezekiel 39:21-29
Hebrews 6:13-20

Sat., July 22

Psalm 139:1-12, 23-24
Exodus 14:9-25
Matthew 7:15-20

Sun., July 23

*Eighth Sunday after
Pentecost*
Genesis 28:10-19a
Psalm 139:1-12, 23-24
Romans 8:12-25
Matthew 13:24-30, 36-43

Mon., July 24

Psalm 139:13-18
Genesis 32:3-21
Revelation 14:12-20

Tues., July 25

Psalm 139:13-18
Genesis 33:1-17
Galatians 4:21–5:1

Wed., July 26

Psalm 139:13-18
Genesis 35:16-29
Matthew 12:15-21

Thurs., July 27

Psalm 105:1-11, 45b
Genesis 29:1-8
1 Corinthians 4:14-20

Fri., July 28

Psalm 105:1-11, 45b
Genesis 29:9-14
Acts 7:44-53

Sat., July 29

Psalm 105:1-11, 45b
Genesis 29:31–30:24
Matthew 12:38-42

Sun., July 30

Ninth Sunday after Pentecost
Genesis 29:15-28
Psalm 105:1-11, 45b or
Psalm 128
Romans 8:26-39
Matthew 13:31-33, 44-52

Mon., July 31

Psalm 65:8-13
Genesis 30:25-36
James 3:13-18

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