

# I'm Okay, You're Okay

September 19, 2021 – 10 a.m.

Seventeenth Sunday after Pentecost –  
Order of Worship



## Sunday Worship online

**Outdoor worship** is on NFCC's Facebook page only.

**Indoor worship** is on NFCC's Facebook page and Zoom.

## Preparing for Worship

**For outdoor worship, please bring a chair and your coffee.**

**For indoor worship, please bring your mask.**

## Ministering to Us Today

Rev. Christina Williams and Susan Rowitz, Deacon, will be leading us in worship today.

We are grateful to Babette Bach, Sarah Bach, Meg Tivey, and Pastor Christina for providing the music, and to Sarah Bach and Hope Oliveira our technical staff for the day.

Thank you for ministering to us in these ways.

## MEDITATION

“...continually avoid the temptation of despair and deepen your awareness that God is present in the midst of all the chaos that surrounds you and that presence allows us to live joyfully and peacefully in a world so filled with sorrow and conflict.” –Henri Nouwen (adapted)

## WE GATHER

### WELCOME & ANNOUNCEMENTS

### GATHERING WORDS

**Pastor:** And now may the grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you. **C: And also with you.**

**PRELUDE** “How Great the Wisdom” Melody: McIntyre Harmonized by A. Schreiner

### CALL TO WORSHIP

*Susan Rowitz, Deacon*

L: Creating God, we gather in your name to worship you. We give thanks that there is a small spark of God within us.

**All: Kindle that small spark into a flame of love and service.**

L: Sustaining God, we gather in your name to worship you. We celebrate the loving presence of God in our life.

**All: May God’s loving presence be a strong influence in our life.**

L: Nurturing God, we gather in your name to worship you. We rejoice that God teaches us about love and forgiveness.

**All: As we grow in faith, trust and love for God, may our worship, witness and service bring honour to God’s Holy Name. Amen.**

### SONG FOR THE SEASON OF PENTECOST

“Lord, Prepare Me”

GTG #701

*You are invited to sing quietly to the music with a mask on.*

#### Lord, Prepare Me / Haz de mí, Dios

The musical score is written in treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It consists of three staves of music with lyrics underneath. The first staff begins with a repeat sign. The second staff continues the melody. The third staff includes a section marked 'To repeat / Para repetir' and a final section marked 'Last time / Última vez'.

Lord, pre - pare me to be a sanc - tu - ar - y, pure and  
Haz de mí, Dios, hoy, un san - tua - rio vi - vo; pu - ro y

ho - ly, tried and true. With thanks - giv - ing, I'll be a  
san - to, fiel a ti. Dan - do gra - cias, se - ré por

liv - ing sanc - tu - ar - y for you. you.  
siem - pre tu san - tua - rio, has - ta el fin. fin.

### UNISON OPENING PRAYER

*Susan Rowitz, Deacon*

**God, before time began; God, after all time ends; God, of the present moment, we come to worship you this day. Before our earliest memories you knew us. Out of reach of the highest endeavors of science, undefined by the deepest workings of our brains, yet to the humble heart, the questing spirit,**

the anguished soul, the quiet mind, you choose in love and mercy to make yourself known to us. Show us how to search for you, help us to believe and trust that no wrong we have done and no good we have failed to do is too great for you to pardon, through Jesus Christ our Lord, Amen.

**OPENING HYMN**

“I Was There To Hear Your Borning Cry”

NCH #351

*You are invited to sing quietly to the music with a mask on.*

**CONFIRMATION**

351

**I Was There to Hear Your Borning Cry**

*John Ylvisaker, 1983; alt*

*Unison*

The musical score is written for a unison voice and guitar. It consists of four systems of music. Each system includes a vocal line with lyrics and a guitar line with chords. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are as follows:

1 I was there to hear your born - ing cry, I'll be  
 2 When you found the won - der of the Word, I was  
 3 In the mid - dle a - ges of your life, not too  
 4 I was there to hear your born - ing cry, I'll be

there when you are old, I re - joiced the day you  
 there to cheer you on: You were raised to praise the  
 old, no long - er young, I'll be there to guide you  
 there when you are old, I re - joiced the day you

were bap - tized, to see your life un - fold,  
 liv - ing God, to whom you now be - long,  
 through the night, com - plete what I've be - gun,  
 were bap - tized, to see your life un - fold, *St. J. end*

I was there when you were but a child, with a  
 Should you find some-one to share your time and you  
 When the eve - ning gent - ly clos - es in and you

**WE PROCLAIM**

**RESPONSIVE READING OF THE PSALMS – Psalm 139:1-18**

*Susan Rowitz, Deacon*

L: O Lord, you have searched me and known me.

**All: You know when I sit down and when I rise up; you discern my thoughts from far away.**

L: You search out my path and my lying down, and are acquainted with all my ways.

**All: Even before a word is on my tongue, O Lord, you know it completely.**

L: You hem me in, behind and before, and lay your hand upon me.

**All: Such knowledge is too wonderful for me; it is so high that I cannot attain it.**

L: Where can I go from your spirit? Or where can I flee from your presence?

**All: If I ascend to heaven, you are there; if I make my bed in Sheol, you are there.**

L: If I take the wings of the morning and settle at the farthest limits of the sea,

**All: Even there your hand shall lead me, and your right hand shall hold me fast.**

L: If I say, "Surely the darkness shall cover me, and the light around me become night,"

**All: Even the darkness is not dark to you; the night is as bright as the day, for darkness is as light to you.**

L: For it was you who formed my inward parts; you knit me together in my mother's womb.

**All: I praise you, for I am fearfully and wonderfully made.**

L: Wonderful are your works; that I know very well.

**All: My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.**

L: Your eyes beheld my unformed substance.

**All: In your book were written all the days that were formed for me, when none of them as yet existed.**

L: How weighty to me are your thoughts, O God! How vast is the sum of them!

**All: I try to count them—they are more than the sand; I come to the end—I am still with you.**

L: The liberating Word of God, for the people of God. **All: Thanks be to God.**

## REFLECTION

"I'm Okay, You're Okay"

*Rev. Christina Williams*

## ANTHEM

"Jesus, Saviour, Pilot Me" (NCH #441)

*Sung by Sarah Bach, Meg Tivey and Christina Williams*

## WE RESPOND

### JOYS & CONCERNS

*For those online, you are invited to write the names of those you wish to lift in prayer and those joys you want to celebrate in the comments section. After a name(s) is spoken or when the pastor reads the names online, you are invited to respond, "O Lord, hear our prayer."*

### PASTORAL PRAYER

#### LORD'S PRAYER

**Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day of our daily bread, and forgive us of our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory forever. Amen.**

#### DOXOLOGY

Praise God from whom all blessing flow;  
Praise God all creatures here below;  
Praise God for all that love had done:  
Creator, Christ, and Spirit, One Amen.

## INVITATION TO THE OFFERING

### UNISON OFFERTORY PRAYER

Holy God, you both call us and confront us: the gifts we bring are only a small part of the multitude we receive from you. In the depth of our being, we know that in calling us, you seek our faith, our willingness, our conviction, and our very hearts. In gratitude, we offer our whole being to follow Jesus—bringing his hope and healing wherever we go. In Christ, we pray. Amen.

## WE GO FORTH

### CLOSING HYMN

“Be Thou My Vision”


GTG #450

*You are invited to sing quietly to the music with a mask on.*

THE WORD


# 450 Be Thou My Vision

Capo 1: (D) E<sup>b</sup> (G) A<sup>?</sup> (D/F#) E<sup>b</sup>/G (A<sup>?</sup>) B<sup>?</sup>7 (D) E<sup>b</sup>




1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true Word;  
3 Rich - es I heed not, nor vain, emp - ty praise;  
4 High King of Heav - en, my vic - to - ry won,

(A) B<sup>b</sup> (D) E<sup>b</sup> (G) A<sup>?</sup> (A) B<sup>?</sup>



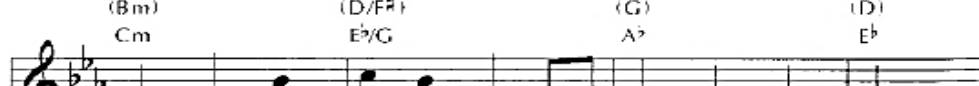
naught be all else to me, save that thou art;  
I ev - er with thee and thou with me, Lord;  
thou mine in - her - i - tance, now and al - ways;  
may I reach heav - en's joys, O bright heaven's Sun!

(G) A<sup>?</sup> (D) E<sup>b</sup> (F#m7) Gm7 (G) A<sup>?</sup> (A) B<sup>?</sup>



thou my best thought, by day or by night,  
thou my soul's shel - ter, and thou my high tower;  
thou and thou on - ly, first in my heart,  
Heart of my own heart, what - ev - er be - fall,

(Bm) Cm (D/F#) E<sup>b</sup>/G (G) A<sup>?</sup> (D) E<sup>b</sup>



wak - ing or sleep - ing, thy pres - ence my light.  
raise thou me heav - en - ward, O Power of my power.  
High King of Heav - en, my trea - sure thou art.  
still be my vi - sion, O Rul - er of all.

**SENDING**

Wherever you go this week, know this:  
God knows you better than you know yourself.  
No matter where you go or what you do,  
God is already there,  
surrounding you with mercy  
and guiding you with love.  
So go with joy and confidence,  
knowing that God goes with you.

**POSTLUDE**

“A Mighty Fortress Is Our God”

J. G. Walther

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**The altar flowers today are given by Ruth McLaughlin from her garden.**